



# THE KICKSTARTER.

Contains

Apple, cucumber,  
lemon, ginger,  
cayenne

THE  
JUICE  
CLEANSE

475 mL

The strong, spicy flavours of this blend stimulate your liver and gall bladder. This is Detoxification 101. And you're in the front row asking questions and taking notes. And having a crush on the teacher. Or is that just us?

No concentrates, preservatives, sweeteners, colouring or additives. Just real fruit and veg. The Juice Cleanse juices are all cold pressed so all natural flavours, vitamins and nutrients are retained.

Unpasteurized juice. Keep refrigerated. Shake well before drinking.

Packaged by The Juice Truck  
419 Industrial Ave  
Vancouver, BC, V6A 2P8  
Visit [thejuicecleanse.ca](http://thejuicecleanse.ca)

## NUTRITIONAL FACTS VALEUR NUTRITIVE

Serving Size 475 mL

Amount/Teneur

Calories/Calories 160

Calories from fat 5

% Daily Value/% Valeur Quotidienne\*

Fat/Lipides 0 g 0 %

Saturated/saturé 0 g 0 %  
+ Trans/trans 0 g

Cholesterol/Cholestérol 0 mg 0 %

Sodium 0 mg 0 %

Carbohydrate/Glucides 40 g 13 %

Fibre/Fibres 0 g 0 %

Sugars/sucres 26 g

Protein/Protéines 5 g

Vitamin A/Vitamine A 20 %

Vitamin C/Vitamine C 80 %

Calcium/Calcium 10 %

Iron/Fer 10 %

\*Percent Daily Values based on a 2,000 calorie diet

BEST BEFORE

This bottle is made from recycled Plastic (PET).  
Please recycle.





# THE DIGESTIVE.

Contains

Cucumber, apple,  
spinach, celery,  
parsley, lemon

THE  
JUICE  
CLEANSE

475 mL

Parsley's vitamin C and A protect you. Spinach reduces inflammation and helps your body cleanse. You will make your digestive tract smile. Figuratively. It doesn't have lips or teeth. Unless you're an alien. Are you?

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## NUTRITIONAL FACTS VALEUR NUTRITIVE

Serving Size 475 mL

Amount/Teneur

Calories/Calories 180

Calories from fat 5

% Daily Value/% Valeur Quotidienne\*

Fat/Lipides 0 g 0 %

Saturated/saturé 0 g 0 %  
+ Trans/trans 0 g

Cholesterol/Cholestérol 0 mg 0 %

Sodium 230 mg 10 %

Carbohydrate/Glucides 46 g 15 %

Fibre/Fibres 0 g 0 %

Sugars/sucres 24 g

Protein/Protéines 6 g

Vitamin A/Vitamine A 45 %

Vitamin C/Vitamine C 90 %

Calcium/Calcium 15 %

Iron/Fer 15 %

\*Percent Daily Values based on a 2,000 calorie diet

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# THE BASE.

Contains

Kale, cucumber, celery,  
pear, lemon, ginger

THE  
JUICE  
CLEANSE

475 mL

Kale to detoxify. Ginger and pear to reduce inflammation and stimulate the immune system. You are doing a good thing for you. Spread the joy. Do a good thing for someone else today. With kale.

No concentrates, preservatives, sweeteners, colouring or additives. Just real fruit and veg. The Juice Cleanse juices are all cold pressed so all natural flavours, vitamins and nutrients are retained.

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## NUTRITIONAL FACTS VALEUR NUTRITIVE

Serving Size 475 mL

Amount/Teneur

Calories/Calories 230

Calories from fat 15

% Daily Value/% Valeur Quotidienne\*

Fat/Lipides 2 g 3 %

Saturated/saturé 0 g 0 %  
+ Trans/trans 0 g

Cholesterol/Cholestérol 0 mg 0 %

Sodium 150 mg 6 %

Carbohydrate/Glucides 56 g 19 %

Fibre/Fibres 0 g 0 %

Sugars/sucres 34 g

Protein/Protéines 5 g

Vitamin A/Vitamine A 100 %

Vitamin C/Vitamine C 110 %

Calcium/Calcium 30 %

Iron/Fer 10 %

\*Percent Daily Values based on a 2,000 calorie diet

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# DETOX TONIC.

Contains

Cucumber, lemon,  
string bean, celery,  
parsley, ginger, mint

**THE  
JUICE  
CLEANSE**

475 mL

Antioxidants from string beans.  
Cucumbers to help hydration. Ginger  
to reduce inflammation. Your kidneys  
are dancing with joy long into the night.  
Which is remarkable as kidneys are  
notoriously shy.

No concentrates, preservatives,  
sweeteners, colouring or additives. Just  
real fruit and veg. The Juice Cleanse juices  
are all cold pressed so all natural flavours,  
vitamins and nutrients are retained.

Unpasteurized juice. Keep refrigerated.  
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## NUTRITIONAL FACTS VALEUR NUTRITIVE

Serving Size 475 mL

Amount/Teneur

Calories/Calories 100

Calories from fat 0

% Daily Value/% Valeur Quotidienne\*

Fat/Lipides 0 g 0 %

Saturated/saturé 0 g 0 %

+ Trans/trans 0 g

Cholesterol/Cholestérol 0 mg 0 %

Sodium 250 mg 10 %

Carbohydrate/Glucides 23 g 8 %

Fibre/Fibres 0 g 0 %

Sugars/sucres 4 g

Protein/Protéines 6 g

Vitamin A/Vitamine A 30 %

Vitamin C/Vitamine C 90 %

Calcium/Calcium 20 %

Iron/Fer 15 %

\*Percent Daily Values based on a 2,000 calorie diet

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# REJUVENATION TONIC.

Contains

Dandelion, carrot, apple,  
beet, parsley, lemon

**THE  
JUICE  
CLEANSE**

475 mL

Dandelion's phytonutrients reduce fluid retention. Its flavour helps increase digestion. Lemon stimulates the liver. There's a lot of power in yellow things. Every see a lazy bee? Nope. Always busy.

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## NUTRITIONAL FACTS VALEUR NUTRITIVE

Serving Size 475 mL

Amount/Teneur

Calories/Calories 270

Calories from fat 5

% Daily Value/% Valeur Quotidienne\*

Fat/Lipides 0.5 g 1 %

Saturated/saturé 0 g 0 %  
+ Trans/trans 0 g

Cholesterol/Cholestérol 0 mg 0 %

Sodium 260 mg 11 %

Carbohydrate/Glucides 66 g 22 %

Fibre/Fibres 0 g 0 %

Sugars/sucres 47 g

Protein/Protéines 6 g

Vitamin A/Vitamine A 450 %

Vitamin C/Vitamine C 90 %

Calcium/Calcium 15 %

Iron/Fer 15 %

\*Percent Daily Values based on a 2,000 calorie diet

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# PROTEIN MILK.

Contains

Hemp seed, walnut, date, cinnamon, vanilla, filtered water

**THE JUICE CLEANSE**

475 mL

Nuts and seeds are nature's bricks and mortar. With protein, omega-3s and fibre to help you replenish and rebuild. You're getting stronger just holding the bottle. Working out probably helps a little too. But mostly it's the bottle.

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## NUTRITIONAL FACTS VALEUR NUTRITIVE

Serving Size 475 mL

Amount/Teneur

Calories/Calories	570
Calories from fat	380

% Daily Value/% Valeur Quotidienne\*

Fat/Lipides 42 g	65 %
Saturated/saturé 4.5 g + Trans/trans 0 g	23 %
Cholesterol/Cholestérol 0 mg	0 %
Sodium 15 mg	1 %
Carbohydrate/Glucides 27 g	9 %
Fibre/Fibres 9 g	36 %
Sugars/sucres 18 g	
Protein/Protéines 24 g	
Vitamin A/Vitamine A	0 %
Vitamin C/Vitamine C	0 %
Calcium/Calcium	8 %
Iron/Fer	70 %

\*Percent Daily Values based on a 2,000 calorie diet

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# SLEEP TONIC.

Contains

Pear, romaine, mint

THE JUICE CLEANSE

475 mL

Romaine lettuce provides Lactucarium, a mild opiate-like substance to relax you. Mint to cool your mouth. Pears to regulate digestion. You will sleep like a baby.

No concentrates, preservatives, sweeteners, colouring or additives. Just real fruit and veg. The Juice Cleanse juices are all cold pressed so all natural flavours, vitamins and nutrients are retained.

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## NUTRITIONAL FACTS VALEUR NUTRITIVE

Serving Size 475 mL

Amount/Teneur

Calories/Calories 290

Calories from fat 15

% Daily Value/% Valeur Quotidienne\*

Fat/Lipides 1.5 g 2 %

Saturated/saturé 0 g 0 %  
+ Trans/trans 0 g

Cholesterol/Cholestérol 0 mg 0 %

Sodium 0 mg 0 %

Carbohydrate/Glucides 68 g 23 %

Fibre/Fibres 0 g 0 %

Sugars/sucres 42 g

Protein/Protéines 5 g

Vitamin A/Vitamine A 60 %

Vitamin C/Vitamine C 35 %

Calcium/Calcium 10 %

Iron/Fer 8 %

\*Percent Daily Values based on a 2,000 calorie diet

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# REFRESH TONIC.

Contains

Fennel, cabbage,  
cucumber, pear,  
aloe vera, ginger

**THE  
JUICE  
CLEANSE**

475 mL

Soothing aloe and fennel. Cabbage, yes cabbage, to aid in better digestion and nutrient uptake. Ginger to kick things up a little. You'll be like an invigorating spring day with a sky full of puffy clouds. Some of them shaped like cabbages.

No concentrates, preservatives, sweeteners, colouring or additives. Just real fruit and veg. The Juice Cleanse juices are all cold pressed so all natural flavours, vitamins and nutrients are retained.

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## NUTRITIONAL FACTS VALEUR NUTRITIVE

Serving Size 475 mL

Amount/Teneur	
Calories/Calories	310
Calories from fat	5
% Daily Value/% Valeur Quotidienne*	
Fat/Lipides 0.5 g	1 %
Saturated/saturé 0 g + Trans/trans 0 g	0 %
Cholesterol/Cholestérol 0 mg	0 %
Sodium 70 mg	3 %
Carbohydrate/Glucides 77 g	26 %
Fibre/Fibres 0 g	0 %
Sugars/sucres 37 g	
Protein/Protéines 7 g	
Vitamin A/Vitamine A	10 %
Vitamin C/Vitamine C	190 %
Calcium/Calcium	20 %
Iron/Fer	10 %

\*Percent Daily Values based on a 2,000 calorie diet

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# HYDRATION TONIC.

Contains

Cucumber, coconut water,  
green apple, mint

**THE  
JUICE  
CLEANSE**

475 mL

Electrolyte-replacing cucumber.  
Replenishing coconut. Bright green  
apple and mint. This is hydration at its  
most delicious. Your cells are grateful.  
If they could, they'd send you a gift  
basket. But they can't. They're cells.

No concentrates, preservatives,  
sweeteners, colouring or additives. Just  
real fruit and veg. The Juice Cleanse juices  
are all cold pressed so all natural flavours,  
vitamins and nutrients are retained.

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## NUTRITIONAL FACTS VALEUR NUTRITIVE

Serving Size 475 mL

Amount/Teneur

Calories/Calories 150

Calories from fat 0

% Daily Value/% Valeur Quotidienne\*

Fat/Lipides 0 g 0 %

Saturated/saturé 0 g 0 %  
+ Trans/trans 0 g

Cholesterol/Cholestérol 0 mg 0 %

Sodium 95 mg 4 %

Carbohydrate/Glucides 35 g 12 %

Fibre/Fibres 0 g 0 %

Sugars/sucres 29 g

Protein/Protéines 3 g

Vitamin A/Vitamine A 15 %

Vitamin C/Vitamine C 30 %

Calcium/Calcium 8 %

Iron/Fer 6 %

\*Percent Daily Values based on a 2,000 calorie diet

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# SKIN DEEP.

Contains

Strawberry, kiwi,  
apple, lemon

## THE JUICE CLEANSE

475 mL

Antioxidants from kiwis and strawberries. Apples soothe your skin and reduce inflammation. Well hydrated, your skin will feel radiant and rejuvenated. Today is a good day. Even if it's Wednesday.

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## NUTRITIONAL FACTS VALEUR NUTRITIVE

Serving Size 475 mL

Amount/Teneur

Calories/Calories 300

Calories from fat 15

% Daily Value/% Valeur Quotidienne\*

Fat/Lipides 1.5 g 2 %

Saturated/saturé 0 g 0 %  
+ Trans/trans 0 g

Cholesterol/Cholestérol 0 mg 0 %

Sodium 5 mg 0 %

Carbohydrate/Glucides 77 g 26 %

Fibre/Fibres 0 g 0 %

Sugars/sucres 55 g

Protein/Protéines 3 g

Vitamin A/Vitamine A 6 %

Vitamin C/Vitamine C 260 %

Calcium/Calcium 6 %

Iron/Fer 8 %

\*Percent Daily Values based on a 2,000 calorie diet

BEST BEFORE

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# BREATHE EASY.

Contains

Turnip, carrot, apple, spinach, parsley, lemon, mint

**THE JUICE CLEANSE**

475 mL

Beta-carotene in carrots supports lung function. The humble turnip's unique mix of micronutrients helps clear your lungs. Your lungs thank you. Or as it is spoken in the language of lungs, "thank you."

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## NUTRITIONAL FACTS VALEUR NUTRITIVE

Serving Size 475 mL

Amount/Teneur

Calories/Calories 280

Calories from fat 5

% Daily Value/% Valeur Quotidienne\*

Fat/Lipides 0 g 0 %

Saturated/saturé 0 g 0 %  
+ Trans/trans 0 g

Cholesterol/Cholestérol 0 mg 0 %

Sodium 420 mg 18 %

Carbohydrate/Glucides 68 g 23 %

Fibre/Fibres 0 g 0 %

Sugars/sucres 46 g

Protein/Protéines 8 g

Vitamin A/Vitamine A 620 %

Vitamin C/Vitamine C 130 %

Calcium/Calcium 20 %

Iron/Fer 20 %

\*Percent Daily Values based on a 2,000 calorie diet

BEST BEFORE

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# THE ENERGIZER.

Contains

E3Live<sup>®</sup>, coconut water,  
pineapple, mint, ginger

THE  
JUICE  
CLEANSE

475 mL

Energy-boosting E3Live<sup>®</sup> algae.  
Invigorating mint and ginger. Hydrating  
coconut. And just plain delicious  
pineapple. You'll have the energy to  
conquer the longest to-do list. Item #1.  
Open bottle.

No concentrates, preservatives,  
sweeteners, colouring or additives. Just  
real fruit and veg. The Juice Cleanse juices  
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## NUTRITIONAL FACTS VALEUR NUTRITIVE

Serving Size 475 mL

Amount/Teneur

Calories/Calories 140

Calories from fat 0

% Daily Value/% Valeur Quotidienne\*

Fat/Lipides 0 g 0 %

Saturated/saturé 0 g 0 %  
+ Trans/trans 0 g

Cholesterol/Cholestérol 0 mg 0 %

Sodium 105 mg 4 %

Carbohydrate/Glucides 33 g 11 %

Fibre/Fibres 0 g 0 %

Sugars/sucres 29 g

Protein/Protéines 2 g

Vitamin A/Vitamine A 25 %

Vitamin C/Vitamine C 110 %

Calcium/Calcium 6 %

Iron/Fer 4 %

\*Percent Daily Values based on a 2,000 calorie diet

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